

BOOK SUMMARIES

SHORT VERSION: 45 words

Breast cancer surgery and reconstruction offer more choices for women than ever before. But looking back, women say they wish they knew more. Blending powerful insights from survivors with emotional and health perspectives, the authors provide a powerful resource for women and their loved ones.

MEDIUM VERSION: 98 words

More than 100,000 American women undergo mastectomy and breast reconstruction every year. Thousands more are having double mastectomies to prevent it.

But most women do not emerge with a new breasts and nipples in a single operation. Breast reconstruction takes months and sometimes years. Some women never do, living without nipples or imperfect results.

Health complications can occur any step along the way. Others struggle with one of the biggest women's health questions today: lumpectomy and radiation or mastectomy?

This is a book to help women with those issues, with powerful insights from women who have been there.

LONG VERSION: 170 words

More than 100,000 American women undergo mastectomy and breast reconstruction every year.

Thousands more are having double mastectomies to prevent it.

But despite widespread awareness of breast cancer, much less is known about the surgeries women have, particularly mastectomy and reconstruction, which may be time-consuming, a cause of chronic pain and traumatic, if unsuccessful. Most women do not emerge with new breasts and nipples in a single operation. Breast reconstruction takes months and even years. Some women never finish, living without nipples or with imperfect results. Others opt not to have reconstruction. Still others

struggle with one of the biggest women's health questions today: lumpectomy and radiation or mastectomy?

Breast Cancer Surgery and Reconstruction offers a glimpse into modern breast surgery and reconstruction with stories and photos of real women that provide a realistic and compelling look at what these procedures entail and the impact on women's lives. This is a book to help other women with issues surrounding their choices, with powerful insights from those who have been there.